

# 2022 Chattooga Country Agriculture Fair Demonstration Kitchen

hosted by Chattooga County Farm Bureau

***Featuring daily demonstrations by local gardeners, artisans, chefs, and experts.***

## Thursday, August 25

**5:30pm Kay Worsham—Basket Weaving**—Please join us for our opening session of Demo Kitchen! Ms. Worsham will be demonstrating the basics of basket weaving. Come and discover what you need to get started making your own baskets.

**7:00pm Maritza McKinney—Parable Garden and Orchard**—Ever wondered how difficult it is to grow mushrooms? Ms. McKinney will be demonstrating a technique of mushroom propagation for the home grower.

**8:30pm Linda Leslie and Jayne Short—Chattooga County Farm Bureau—Seed Bombs**—Want to help pollinators? This is a great way to create pockets of wildflowers along the edges of your yard, garden, or field. You can even put these in a big pot! Learn how it is done and create a sample. Bombs away!

## Friday, August 26

**5:30pm Stacie Marshall—Mountain Mama Farms** – From her family farm in Gore, Ms. Marshall specializes in Appalachian Heritage Products such as bees wax candles, goat's milk soap, herbal salves, and remedies.

**7:00 pm Rebecca Thomas, CEC and FACS Agent-- Chattooga County Extension— Home canning basics!** Fruits, vegetables, pickles, and jellies. There are basics to follow in home canning to keep your food safe and tasting its best! Watch as Rebecca Thomas demonstrates these techniques. This year, Mrs. Thomas will be teaching us about all things pickle.

## Saturday, August 27

**2:30pm Kathy Berry – Kathy's Kane Patch – Chair seat weaving demonstration** – Chair caning, or weaving, dates to the early days of China when these types of seats were reserved for the affluent, and the wooden seats were for commoners. Today, this nearly lost art can mainly be found on heirloom chairs and rockers. Ms. Berry will demonstrate the techniques that create and help restore these cherished pieces.

**4:00pm Brenda Park – Quilts of Valor – Basics of quilt making** – Learn the basics of creating a quilt block from start to finish with the Quilts of Valor team. View their beautiful creations in the AG Center.

**5:30pm Stephanie Yarbrough—D & S Produce and Mercantile—Charcuterie Southern Style**—Ms. Yarbrough will demonstrate the art of creating a pleasing charcuterie board featuring products available for purchase at their store. She will also be telling about the programs and products that are coming for fall.

## Sunday, August 28

**2:30pm Joy Phelan and Sandy Sanders—Chattooga Farm Bureau, Master Gardeners—Herb sugars and salts**—Take tasty herbs and turn your salt or sugar into something totally amazing. Ms. Phelan and Ms. Sanders will lead you through the process of creating and storing herbed salt and herbed sugars. Rumors of almond lavender cake and basil lemonade!

**4:00pm Joy Phelan and Sandy Sanders— Chattooga Farm Bureau, Master Gardeners--Microgreens propagation**—Learn how to grow microgreens for home use in salads, sandwiches, and smoothies. Ms. Phelan and Ms. Sanders will discuss propagation, seed types, the nutritional value, and ways of incorporating microgreens into your daily diet. Tastings will be available.

**5:30pm Sophia Price—Humming Bee Apiary/Chattooga County Beekeepers—Hard Lotion Bars**—Ms. Price uses bee products to create hard lotion bars. Wonderful for your skin and smells divine! She will have lip balms, lotion bars, and bees wax candles available for purchase following her demo. Buzz on by for bee-utiful products.